

# FARM TO SUMMER:

## Connecting the Farm, Nutrition and Agriculture to Summer Meals

Summer meals sponsors and sites can incorporate Farm to Summer activities into their programs by tapping into local harvests and serving locally sourced items in their meals and snacks. Additionally, program operators can conduct educational site activities to keep children engaged and connect them with local foods and healthy habits. This chart presents ways to help “connect the farm” to your Summer meals site(s).

